

# So Much Bigger Than The Bunny



**Sample Lesson**

**Tasha Via**

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# **So Much Bigger Than The Bunny**

**A 7-week Easter devotional for families**

Tasha J. Via





For my sweet children,  
Areyna, Zeke, Alethia, Micaiah and Jude.  
I long to make the Truth known to you,  
so you will make the Truth your own.





## **Bio:**

Tasha is the wife of worship leader and songwriter Josh Via and the mother of five beautiful children. She works as a stay-at-home mom and worship leader/musician. This journey of parenthood continuously stretches her to find what works best for her family, and she is the first to admit that her parenting is a work-in-progress. She and her family reside in Raleigh, NC.

### **Isaiah 54:13**

“and all thy children shall be taught of the Lord, and great shall be the peace of thy children.” -KJV

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# How To Use This Book

**Each week will include:**

**Before You Get Started:** Tips and preparation for the parents

**Bible Verse:** A topic-related verse to memorize

**History and Symbolism:** A short history as to what the week's topic is about through the use of symbols

**Activity:** A short activity to drive the topic home

**Definitions:** Get even more out of each lesson by looking for the bold, *italized* words that are defined in Appendix B near the end of the book.

**Around The Table:** Some of the best times for our family are spent around our dinner table. It doesn't matter what age your children are, you should always engage in their lives and ask questions that help them think for themselves and encourage open communication. Each week there will be a few questions that will correspond to the week's lesson.

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Each day of your week, work on the memory verse, and then choose 2-3 other days during your week to explain the history, work on the activity, and discuss the questions that will drive the lesson home for your family.

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## **The Fast Track:**

Toward the end of the book there is a special segment that focuses exclusively on Holy Week, one day at a time, with an activity for each day. We have typically just emphasized Holy Week with our kids, but we are beginning to get more involved with the entire Lent season as they become older. Find what works best for your family and lifestyle. The whole reason for this study is to learn the true meaning of Easter!

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## **Additional Activities and Resources:**

Make sure you go to:

<http://joshvia.bandcamp.com/album/resurrection-songs>

to get the FREE downloadable song that goes along with each chapter! I have also included some extra activities and resources at the end of the book for you to take advantage of. Be creative and have fun!

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**Week 1:** Give It Up

~a focus on lent~

**Week 2:** Talk To Me

~learning purpose through prayer~

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~visualizing the death, burial and resurrection~

**Week 4:** The Spirit Tree

~acts of kindness through the fruit of the Spirit~

**Week 5:** Humility

~it's not about us~

**Week 6:** Something New

~remembering that God is ALIVE and at work TODAY!~

**Week 7:** Holy Week

~ preparation for the resurrection ~

**The Fast Track** – Celebrating Holy Week

**Appendix A** – Extra activities and additional resources

**Appendix B** – Quick reference definitions



## **Week 1:**

### **Give It Up**

**~ a focus on Lent ~**

#### **Before You Get Started:**

When we first started the activity of giving something up for **Lent** with our kids, their ages were 5 and 3 (and 8 months). After explaining to them that Lent is about withholding something that we love for a specific amount of time, we let them choose what they wanted to give up for one week. The hope is that as our kids get older, they will be able to abstain from their activity for longer periods of time until finally they are able to “give it up” for the whole season of Lent.

#### **Bible Verse:**

“And being found in appearance as a man, he humbled himself and became obedient to death – even death on a cross!”

Philippians 2:8 - NIV

#### **History and Symbolism:**

Christ **gave up** His life for us! He came to earth as a man and willingly gave up heaven for a time to show His love, **grace**, and His **redemptive**

**power.** Lent lasts for 40 days to signify Jesus' 40 days of temptation in the desert (Matt. 4). Lent is a season of sacrifice, prayer, and acts of kindness.

**Activity:**

Pick an object or activity this week that you are willing to give up. When you start thinking about using/eating it throughout the day, pray instead. This will help us turn our focus on God instead of our desires.

**Around The Table:**

Why are we giving up something?

What are some things that you are **tempted** by?

How can we overcome temptation? (read Mark 14:38)

Want more? Go to <http://kidsintheword.net/much-bigger-bunny>